



FERRIBY HALL

SQUASH & RACKETBALL

MEMBERS RULES AND GUIDELINES

1. The Squash Club Building and the 'upper' car park to its left were purchased by the Club by means of a grant from the Foundation for Sport and the Arts (the precursor to the National Lottery) in 1994, with the right of access from the main road for members and visitors. They are owned freehold by Ferriby Hall Squash and Racketball Club Ltd., a Company Limited by Guarantee, which is managed by a Board of Directors elected by the membership. In short, the Club is owned by its members.
2. The Board is committed to the provision of facilities for the playing of squash and racketball which are well maintained, clean, warm and in good decorative condition
3. The policy of the Board is that the Club should be a welcoming and friendly place which people enjoy coming to. Members are encouraged to participate in the various organised activities and to feel comfortable about playing fresh opponents. The Code of Conduct (viewable on the notice board and the club website) lays down Guidelines for behaviour on and off court.
4. The Membership Year runs from 1st November annually, and all members will be invited to renew their membership before that date. Details of the subscriptions for the various categories of membership, along with our online Membership Registration Form, are available directly on the Club website.
5. **PLAYING ARRANGEMENTS**
 - (a) The Club is available for the use of members seven days a week, fifty two weeks of the year
 - (b) The Club is a self service club and does not employ staff on site. Access to the building is by using a fob which is provided to you when you join, and which is also used to turn on the court lights. The fob belongs to the club and should be returned when your membership ceases
 - (c) Courts can be booked from 8.00 am (courts 1 and 2) and 8.20 am (court 3) for 40 minute periods (the staggered time being to avoid congestion in the changing rooms). The last available court is at 9.40/10.00 pm
 - (d) The building should be vacated by 11.00 pm and not entered before 7.00 am, otherwise an alarm system will be activated, resulting in an expensive callout of the security firm. If you are the last one to leave, please ensure that all the lights are switched off, using the switches to the left of the entry door, and that the Velox roof windows are closed. The same switches turn the lights on if you are the first to arrive

- (e) Court bookings can be peak or off peak and have different rates. The peak period (most in demand) is from 4.20 pm (court 3) and 4.40 pm (courts 1 and 2) Monday to Thursday. Off peak is at other times, and super off peak applies on Friday evenings after 7.00/7.20 pm, and Saturdays and Sundays from 12 noon. Do take advantage of the reduced rates to play individual games
- (f) Courts can be booked online via the club website (www.ferribysquash.com) by members up to two weeks in advance. There is no limit to the number of bookings any member can make. You can also book courts at the club by using your fob on the console which is at the end of the lower corridor
- (g) Courts for pre-arranged events (internal competitions, coaching and team matches) are booked in advance of the two weeks
- (h) Court bookings are for 40 minutes. However, if you are at the club and wish to make use of an unbooked court, you can do so by fobbing the lights for 10 minute periods which can be repeated. This also applies if you wish to continue playing after 40 minutes and the following court is vacant
- (i) Court lighting is activated automatically at the start of the booked period, although the lights will only come on when the second player places their fob on the button adjacent to the court to complete the process. The cost of the court is deducted from the credit on your membership account
- (j) Court heating is activated by a switch to the right of the door to court 2 and can be On, Off or Automatic. Each court also has a ventilation system which can be activated using the appropriate switch to the left of the main entry door
- (k) Non members are limited to four visits a year
- (l) Non members can be coached by a qualified coach for up to four sessions
- (m) All players are required to wear appropriate non-marking footwear (changed from outdoor shoes) and appropriate clothing
- (n) Bags and other accessories should be placed in the lockers which are to the left as you enter the building, or in the changing rooms rather than in the corridor or on the gallery
- (o) No drinks can be taken on court
- (p) Should blood or any other body fluid (such as saliva or sweat) drip onto the court floor, it needs wiping up immediately to avoid marking the floor and to avoid possible injury through slipping. In the event of injury, there is a First Aid box in the Club Office which is adjacent to the door of court 1. There is also a Heart Defibrillator in the lower corridor
- (q) Squash and Racketball rackets, balls and other accessories can be borrowed from the Club Office. New rackets and accessories such as Eye Protectors can be viewed in the cabinet in the lower corridor and purchased from the Club Coach (Andy Cockerill) who also restrings rackets

- (r) The Squash Club car park is the upper one to the left of the Squash Club building accessed through the main entrance and by driving past the two lower car parks. Please do not use the two lower car parks, they belong to the occupiers of the main building (Spa, Restaurant etc.)
- (s) Members should make themselves conversant with the information on the Club website (www.ferribysquash.com) and on the members noticeboard on the gallery above court 1. It is also worth reading the Head Guide to Squash, which is on the noticeboard in the lower corridor, particularly the section dealing with lets and strokes

ENJOY YOUR SQUASH AND RACKETBALL!

DOCUMENT REVISION & INCORPORATION CONTROL

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